

FOUNTAIN LAKE SCHOOL DISTRICT

GRADES 5-12 MAIN LINE
ASST. FRUIT ON BAR DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 30 BEEF VEGETABLE SOUP GRILLED CHEESE SALAD, TOSSED CRACKERS MILK, 1%	May - 1 Chicken and Cheese Quesadilla PINTO BEANS SALAD, TOSSED SALSA PEARS MILK, 1%	May - 2 HOT DOG POTATO TOTS BAKED BEANS PINEAPPLE CHUNKS MILK, 1%	May - 3 CHICKEN SPAGHETTI BROCCOLI SALAD, TOSSED FRUIT COCKTAIL ROLLS, WHEAT MILK, 1%	May - 4 CHICKEN SANDWICH FRENCH FRIES LETTUCE/PICKLE/TOMATO PEAS & CARROTS MILK, 1%
May - 7 PEPPERONI PIZZA WEDGE BROCCOLI BLACKEYED PEAS CND. PEACHES MILK, 1%	May - 8 Corn Dog MACARONI AND CHEESE GREEN BEANS Carrot Sticks PEARS MILK, 1%	May - 9 CHICKEN FAJITA WRAP REFRIED BEANS SPANISH RICE Carrot Sticks SHREDDED LETTUCE & TOMATO PINEAPPLE CHUNKS MILK, 1%	May - 10 HAMBURGER POTATO TOTS BROCCOLI CHEESE SAUCE LETTUCE/PICKLE/TOMATO FRUIT COCKTAIL MILK, 1%	May - 11 CHICKEN SANDWICH FRENCH FRIES LETTUCE/PICKLE/TOMATO PEAS & CARROTS MILK, 1%
May - 14 SPAGHETTI AND MEAT SAUCE 1 GREEN BEANS SALAD, TOSSED RANCH DRESSING WW BREADSTICKS PEACHES MILK, 1%	May - 15 CHICKEN NUGGETS Mashed Potatoes CREAM GRAVY CALIFORNIA BLEND VEGETABLES ROLLS, WHEAT PEARS MILK, 1%	May - 16 HOT DOG BROCCOLI CHEESE SAUCE BAKED BEANS PINEAPPLE CHUNKS MILK, 1%	May - 17 TOASTED HAM & CHEESE POTATO WEDGES CARROTS FRUIT COCKTAIL MILK, 1% KETCHUP	May - 18 CHICKEN SANDWICH FRENCH FRIES LETTUCE/PICKLE/TOMATO PEAS & CARROTS MILK, 1%
May - 21 DIRECTORS CHOICE	May - 22 DIRECTORS CHOICE	May - 23 DIRECTORS CHOICE	May - 24 DIRECTORS CHOICE	May - 25 DIRECTORS CHOICE
May - 28	May - 29	May - 30	May - 31	

USDA IS AN EQUAL OPPORTUNITY PROVIDER --MENUS SUBJECT TO CHANGE/ 5-12 ONLY--PREPACKED SALAD OFFERED DAILY AND BAKED POTATOES ON TUES./THURS.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.